

PROFESSIONAL INFORMATION

SCHEDULING STATUS

S0

1. NAME OF THE MEDICINE

Marine Collagen Capsules 30

2. COMPOSITION

Each capsule contains:

Ingredients	Per capsule
Fish Collagen Peptides (<i>Parts: skin</i>)	400 mg

For full list of excipients, see section 6.a

3. PHARMACEUTICAL FORM

White, oblong capsule with soft shell, # 0

4. CLINICAL PARTICULARS

(a) Therapeutic indication

Vitatech Collagen helps provide structure to your skin and fortify your bones. It may also relieve joint pain. It is typically hydrolysed, which means the proteins have already been broken down, making it easier for your body to absorb it.

(b) Dosage and method of administration

Adults: Take 1 capsule per day with a glass of water after a meal.

Do not exceed the recommended dose.

Always consult your healthcare professional if you are taking any other medicine.

Only take the medication as indicated on the packet or container.

If you skip a dose, do not take a double dose.

Take at least two hours before or after taking other medication.

(c) Contraindications

Hypersensitivity to any of the ingredients or the excipients. Not for use in children under the age of 18 years.

(d) Special warnings and precautions for use

Derived from seafood. For oral consumption only

No known warnings or precautions.

(e) Interaction with other medicines and other forms of interaction

No known interactions. Consult your health care provider before taking **VITATECH COLLAGEN**.

(f) Pregnant or Breastfeeding

If you are pregnant or breastfeeding, before using **VITATECH COLLAGEN**, please consult your health care provider. There isn't enough reliable information to know if collagen peptides are safe to use when pregnant or breast-feeding. Stay on the safe side and avoid use.

(g) Ability to drive and use machines

VITATECH COLLAGEN should not affect the ability of individuals to drive or operate machinery.

(h) Side Effects

There are no known side effects recorded.

(i) Overdose

In the event of over-dosage, although no known cases, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

(j) Effects when no further used

There should be no side effects or any withdrawal symptoms after you stop using **VITATECH COLLAGEN**

(5) PHARMACOLOGICAL PROPERTIES

(a) PHARMACOLOGICAL CLASSIFICATION

34.3 Category D (Health Supplement) [S0]

(b) PHARMACOLOGICAL ACTION

- Preclinical studies show that HC stimulates collagenic tissue regeneration by increasing not only collagen synthesis but minor components (glycosaminoglycans and hyaluronic acid) synthesis as well. Clinical studies show that HC continual ingestion helps to reduce and prevent joint pain, bone density loss and skin ageing. These results as well as its high level of tolerance and safety make HC ingestion attractive for a long-term use in bone and joint degenerative diseases and in fight against skin ageing.

(6) PHARMACEUTICAL PARTICULARS

(a) Other ingredients

Magnesium stearate, silicon dioxide and capsule shell (HPMC, purified water and titanium dioxide)

(b) Shelf life

2 years

(c) Storage conditions

Store at or below 25 °C.

Protect from sunlight and moisture.

Keep out of reach of children

Store in original packaging

Do not store in a fridge

Always seal the container properly before storage



(d) Presentation and packaging

White with Green lid packaged container with tamperproof induction seal
Clearly labelled with detailed information printed on the label.
Containing 30 capsules.

(e) Disposal and handling

Wrap the contents and the container properly in put in a plastic bag.
Dispose the wrapped package in the normal household waste bag after soaking in water.

(7) NAME AND ADDRESS OF REGISTRATION HOLDER

Serfie Imports & Exports (PTY) Ltd
Cnr Parkin & Delson Street, North End, Gqeberha 6001
Tel no: +27 (0) 41 816 3100
Email: info@vitatechhealth.com
Website: www.vitatechhealth.com

(8) REGISTRATION NUMBER

To be allocated

(9) DATE OF PUBLICATION OF PROFESSIONAL INFORMATION

October 2021

(10) COMPLEMENTARY MEDICINE

This medicine has not been evaluated by the SAHPRA for its quality, safety or intended use. This medicine is not intended to diagnose, treat, cure or prevent any disease.